

SEND Support Workshops for parents & carers Spring term 2023

with Dr Ze'ev Levita



**WEST KIRBY
SCHOOL &
COLLEGE**

Changing Children's Lives

Parent Carer SEND Support Workshops

This leaflet has details of our upcoming SEND support workshops, for parents and carers at the school.

Workshops are part of our commitment to working in partnership with parents and carers, to support the best possible outcomes for our pupils. We hope they help to provide a greater understanding of a diagnosis or difficulties a child may experience, in a caring environment, with practical advice.

Who is delivering the workshops?

These workshops are organised by our SENDCo, Sarah Wilkinson and delivered by our Clinical Psychologist, Dr Ze'ev Levita. Ze'ev is experienced in working with children and young adults with special educational needs and developing strategies to support young people. He offers 'Problem Solving' sessions to our pupils and advisory sessions to our families.



What can I expect?

The workshops will be at the school in our main meeting room in small groups of up to about 15. We want them to be welcoming and confidential, so parents and carers feel comfortable sharing information and asking questions. You are welcome to attend as many sessions as you wish.

The workshops will be a combination of training information, advice and information from Ze'ev; followed by questions and group discussion. There will be the opportunity to ask questions; however if you wish to have a private meeting at a later date with Ze'ev this can be arranged.

Upcoming workshops:

Autism & PDA - Monday 6th March, 9.30am - 1pm

This workshop will focus on:

- Developing an understanding of autism & PDA and the relationship between the two.
- Looking at the implications for care, parenting and education.
- Exploring useful and practical strategies to support children.

ADHD - Monday 13th March, 9.30am - 1pm

This workshop will focus on:

- Developing a joint understanding of ADHD.
- Looking at the implications for care, parenting and education.
- Exploring useful and practical strategies to support children.

Challenging Behaviour – Monday 27th March, 9.30am – 1pm

This workshop will focus on:

- Exploring what is meant by challenging behaviour.
- Identifying the potential reasons behind it.
- Developing practical strategies to manage challenging behaviour in a variety of settings.

Attachment & childhood trauma – Monday 17th April, 9.30am – 1pm

This workshop will focus on:

- Understanding how children develop attachments.
- Recognising the different types of attachment that can be formed.
- How different types of attachment can impact a child's education.

Self harm – Monday 24th April, 9.30am – 1pm

This workshop will focus on:

- Developing a joint understanding of autism.
- Looking at the implications for care, parenting and education.
- Exploring useful and practical strategies to support children.

Emotional Regulation – Tuesday 9th May, 9.30am – 1pm

This workshop will focus on:

- Developing understanding of the process of emotional regulation & control
- Exploring the implication of emotional dysregulation on learning, social interaction and coping

Positive Psychology – Monday 15th May, 9.30am – 1pm

This workshop will focus on:

- Understanding the concepts of Positive Psychology
- Exploring the shift of focus from disorder/diagnosis to health/coping.
- Exploring the practical implications of Positive Psychology on care, therapy and education.

How can I come along?

To attend a workshop, or if you have any questions, please email: Rachel Kelleher, Communications, rkelleher@wksr.co.uk.

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“A great insight” “Fantastic opportunity to meet other parents.”
“I have enjoyed the workshops, I have learnt a lot and have helped me more than any others.”
“It is taught in a calming, informative way and gives you time to talk and respond.”
“I would recommend any parent to attend these workshops.”
“An opportunity to discuss different situations that work to help with your own situation”
“So helpful, so empowering”

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WKS workshop etiquette

We're committed to making our workshops a welcoming, inclusive and positive experience for everyone. We ask you are aware of, and follow, our Workshop Etiquette guide:

- Confidentiality – Personal details and information shared are confidential and not to be discussed/ shared outside of the workshop
- Open conversation – Please keep discussions open and inclusive so everyone is able to join in. Consider if your conversation may be better suited to a private situation.
- Judgement free
- Be kind – we never know what's going on in someone's life
- Be respectful to others
- Positivity – we want to create a positive, supportive atmosphere
- Be mindful some find it easier to talk than others, or prefer to listen.
- Inclusivity – please let us know of any ways we can make the workshop more accessible or anything to improve your individual experience.

