

Welcome to your group

Your staff on girls unit are:

Team Leader: Mrs L Powner
Miss Y Sneddon, Mrs E Roy, Mrs E Devaney,
Ms E Kelly, Ms K Williams

Welcome to the girls unit, on our unit there are single bedrooms and double bedrooms. Other young people are not allowed in each other's rooms and staff will always knock before entering. You will have your own locker in your room with your own key.

On our unit we have a kitchen, TV room and a Recreation Room. You may also have use of the Sports Barn, Multi Gym, Adventure Playground, Playing Field and Library.



Some activities on girls unit are:
Cinema and Theatre Trips,
Swimming, Ice-skating, Golf,
Arts and Craft, Shopping,
Visit the local park, DVDs/Videos,
Computers,
Board Games and adventure

activities.

We have a behaviour plan and all the girls work towards special weekly options on Tuesday and Thursday evenings. Our activities are discussed at the Girls Unit meetings.

Everyone on our group has a key worker who will help you and listen to you, but all the staff are there to help you. If you are ever unsure of anything, just ask.

The Girls Unit Learning, Living, Caring

Mission Statement

The girls group is a unit that can provide a home for up to nine girls from age seven to post sixteen. Our girls are encouraged to interact positively and to take responsibility for their own behaviour and their environment. Emphasis is placed on developing their positive qualities.

It is very important that everyone shows consideration for each other to help develop both personal and group skills. In our group we create opportunities for our girls to increase their social, emotional and life skills.

Our younger girls have adult guidance to develop their social skills through play and cooperation with others. Our older girls are encouraged to show maturity and practise practical skills with a view to more independence.

It is everyone's responsibility to work together to make our unit somewhere we can build trust, feel safe and nurture our self confidence and self esteem.

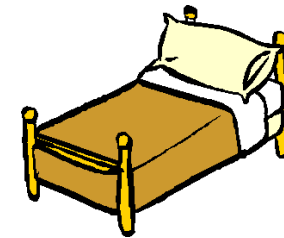


Meals

Breakfast is eaten in the Recreation Room; other meals are eaten in the big dining room downstairs. We often make snacks on the unit.

Your Day Begins

7.30am	Getting up – Baths or Showers
8.10am	Breakfast
8.40am	Tidy room, get ready for school
9.00am	Down to school
12.40-1.40pm	Lunchtime, free time/playtime
1.40pm	Back to school
3.30pm	Return from school, get changed
3.50pm	Recreation Room for teas/snacks
4.00pm	Activities or Free Time
5.45pm	Evening meal
6.15pm	Homework/Quiet time
6.45pm	Evening Activities



BED TIMES VARY DUE TO AGE

Age 11-12	8.45pm
Age 12-13	9.00/9.30pm
Age 14	9.30pm
Over 14	9.30/9.45pm

*Story tapes/Books/Music tapes are available.
*Staff are available all night.

